

# WAX RECOMMENDATION



## BESH CUP #5

Government Peak Rec Area, Palmer, AK - Saturday, Feb 1

11 A.M., 5k, Free technique

Individual Start, 1 lap, Course TBD

<https://www.crosscountryalaska.org/besh-5-6-details>

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**Forecast/Conditions:** Overnight low -5F, temperature at start 5F-10F, several inches of new snow mixed with ice. Low humidity. Trails are in good shape but pretty thin after recent melt/rain event. Sunny but shaded with slight 5 mph wind.

**Glidewax:** Apply HP Blue Hot Wax, scrape and brush, then iron in HP Powder Blue, scrape and brush. If you do not have HP Powder, apply BP Blue Hot Wax, scrape and brush, then apply HP Blue Hot Wax, scrape and brush.

**Gripwax:** N/A

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions.

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*Created by Ira Edwards, Toko Tech Team member since 1995*

***Racing-Service***

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).